

Desert Academy First Week

Monday, August 22

Italian Rice and Sausage Stuffed Peppers with Marinara and Mozzarella
Vegetarian Stuffed Peppers
Grissini
Romaine Salad with Basil Vinaigrette
Chocolate Peanut Butter Cake-Pops

Tuesday, August 23

Chipotle Barbecued Beef Quesadillas
Veggie Quesadillas
Pinto Beans with Bacon and Chicos
Vegetarian Black Beans
Pineapple-Jicama Slaw
Dulce De Leche Drizzled Strawberries

Wednesday, August 24

Vegetarian Focaccia Pizza
Baby Spinach Salad
Chocolate Mousse

Thursday, August 25

Stir-Fried Chinese Noodles (vegetarian)
Pork Pot Stickers
Teriyaki Chicken Wings
Plum Cake with Whipped Cream

Friday, August 26

Crispy Potato Cod Cakes with Tartare Sauce
Spinach Salad with Tomatoes, Hard-Boiled Eggs, and Pickled Onions
Garlic Bread with Parmesan Cheese
Summer Berry Pudding with Whipped Cream

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Monday, August 29

Meatloaf Hoagie with Provolone and Marinara
Veggie Burger Hoagie with Provolone and Marinara
Crunchy Cucumber Salad with Vinaigrette
Cinnamon-Apple Turnovers

Tuesday, August 30

Chicken Chalupas with Shredded Lettuce, Cherry Tomatoes, and Jack Cheese
Pinto Beans with Bacon
Savory Vegetarian Black Beans
Fruit Salad
Oatmeal Cookie

Wednesday, August 31

Spaghetti Bolognese
Veggie Version
Baby Spinach Salad
Turtle Brownies

Thursday, September 1

Vegetarian Fried Rice
Shrimp Egg Rolls
Napa Cabbage Slaw with Orange Vinaigrette
Coconut Cupcakes with Cream Cheese Frosting

Friday, September 2

BBQ Chicken Sandwiches
Pulled Pork Sandwiches
Veggie Hotdogs with BBQ Sauce
Purple Potato Salad
Grapes
Oatmeal Cookies

